

KEY PROGRAMME INFORMATION

Originating institution(s) Bournemouth University	Faculty responsible for the programme Faculty of Management
Final award(s), title(s) and credits Bachelor of Science with Honours BSc (Hons) Sport Coaching (360 credits; 180 ETCS credits)	
Intermediate award(s), title(s) and credits Certificate of Higher Education (CertHE) Sport Coaching (120 credits; 60 ECTS credits) Diploma of Higher Education (DipHE) Sport Coaching (240 credits; 120 ETCS credits)	
UCAS Programme Code(s) (where applicable and if known)	HECoS (Higher Education Classification of Subjects) Code and balanced or major/minor load. 100095
External reference points QAA UK Quality Code for Higher Education (2018) Quality Assurance Agency for Higher Education Subject Benchmark Statements for Events, Hospitality, Leisure, Sport and Tourism (2016).	
Professional, Statutory and Regulatory Body (PSRB) links Not Applicable	
Places of delivery Talbot Campus, Bournemouth University	
Mode(s) of delivery Full- time Full- time sandwich	Language of delivery English
Typical duration Full-time 3 years (36 months) Full-time sandwich 4 years (48 months)	
Date of first intake September 2020	Expected start dates September
Maximum student numbers Not Applicable	Placements Placements are compulsory but the length of the placement is optional with a minimum of 6 weeks taken as part of a 3 year degree or a minimum of 30 weeks taken as part of a 4 year degree. The placement will be undertaken following progression from level 4 and prior to progression to level 6. Students will have to find their own placements but a dedicated placement development coordinator and advisor will assist students in finding a placement.
Partner(s) Not Applicable	Partnership model Not applicable

Programme Specification

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Programme Specification

PROGRAMME STRUCTURE

Programme Award and Title: BSc (Hons) Sport Coaching								
Year 1/Level 4								
<i>Students are required to complete all 6 core units</i>								
Unit Name	Core/ Option	No. of Credits	Assessment Element Weightings			Expected Contact hours per unit	Unit Version No.	HECoS Code (plus balanced or major/minor load)
			Exam 1	Cwk 1	Cwk 2			
Beginning Research in Sport and Exercise	Core	20		100%		36	1.0	100433
Coaching Principles and Practice	Core	20		50%	50%	36	1.0	100095
Sport, Culture and Society	Core	20		50%	50%	36	1.0	100098
Principles of Sport and Exercise Psychology	Core	20		50%	50%	36	1.0	100433
Fitness Assessments for Sport, Exercise and Health	Core	20		50%	50%	36	1.0	100433
Principles of Sport Management	Core	20		50%	50%	36	1.0	100097
Progression requirements: Requires 120 credits at level 4 Exit qualification: Cert HE Sport Coaching (requires 120 credits at Level 4)								

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Year 2/Level 5 <i>Students are required to complete 4 core units plus 2 optional units</i>								
Unit Name	Core/ Option	No. of Credits	Assessment Element Weightings			Expected Contact hours per unit	Unit Version No.	HECoS Code (plus balanced or major/minor load)
			Exam 1	Cwk 1	Cwk 2			
Conducting Research in Sport and Exercise	Core	20		50%	50%	36	1.0	100433
Developing Coaching Practice	Core	20		50%	50%	36	1.0	100095
Advances in Sport and Exercise Psychology	Option	20		50%	50%	36	1.0	100433
Principles of Training	Core	20		50%	50%	36	1.0	100433
Coach and Athlete Welfare	Core	20		50%	50%	36	1.0	100095
Performance Analysis	Option	20		100%		36	1.0	101379
Issues and Controversies in Sport, Culture and Society	Option	20		50%	50%	36	1.0	100098
Sport Management and Leadership	Option	20		50%	50%	36	1.0	100097
<p>Progression requirements: Requires 120 credits at Level 5 Exit qualification: Dip HE Sport Coaching (requires 120 credits at Level 4 and 120 credits at Level 5)</p>								
<p>Year 3/Level P - Optional placement year in industry/business</p> <p>Progression requirements: Progression requirements: A minimum of 120 credits at Level 5 and satisfactory completion of either a short placement (minimum of 6 weeks) as part of a 3-year degree award or a year-long placement (minimum of 30 weeks) as part of a 4-year degree in a relevant industry/business/organisation is needed to progress to level 6. Short placements may be completed during level 5.</p>								

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Year 3/Level 6								
<i>Students are required to complete 1 core unit* plus 4 optional units</i>								
<i>*Students must choose either Dissertation or Research Expedition</i>								
Unit Name	Core/ Option	No. of Credits	Assessment Element Weightings			Expected Contact hours per unit	Unit Version No.	HECoS Code (plus balanced or major/minor load)
			Exam 1	Cwk 1	Cwk 2			
Dissertation	Core	40		100%		36	1.0	100433
Research Expedition	Core	40		100%		36	1.0	100433
Advancing Coaching Practice	Option	20		50%	50%	36	1.0	100095
Applied Sport and Exercise Psychology <i>(Advances in Sport and Exercise Psychology at level 5 is a pre-requisite)</i>	Option	20		100%		36	1.0	100433
Advanced Fitness Assessment and Exercise Prescription <i>(Fitness Assessments in Sport, Exercise and Health at Level 4 and Principles of Training at Level 5 are pre-requisites)</i>	Option	20		50%	50%	36	1.0	100433
Advanced Performance Analysis <i>(Performance analysis at level 5 is a pre-requisite)</i>	Option	20		100%		36	1.0	101379
Sport and Physical Culture	Option	20		50%	50%	36	1.0	100098
Talent Development in Sport	Option	20		100%		36	1.0	101294
Physical Education and Teaching Practice	Option	20		30%	70%	36	1.0	100433
Strategy and Leadership for Sport	Option	20		20%	80%	36	1.0	100097

Exit qualification: BSc (Hons) Sport Coaching
Sandwich UG award: Requires a minimum of 120 credits at Level 4, 120 credits at Level 5, 120 credits at Level 6 and successful completion of a placement year
Full-time UG award: Requires a minimum of 120 credits at Level 4, 120 credits at Level 5 and 120 credits at Level 6 and successful completion of a minimum of a 6 week placement.

AIMS OF THE DOCUMENT

The aims of this document are to:

- define the structure of the programme;
- specify the programme award titles;
- identify programme and level learning outcomes;
- articulate the regulations governing the awards defined within the document.

AIMS OF THE PROGRAMME

This programme aims to develop critically informed, agile and resourceful graduates, who:

- Possess a coherent, detailed knowledge and understanding of the study of sport coaching and its underpinning theories, principles and concepts, in order to enhance sport and society through coaching practice
- Critically evaluate a range of sport coaching contexts and systematically apply knowledge to conduct research and provide appropriate interventions or solutions in an independent manner
- Demonstrate practical, intellectual and personal skills associated with ethical and sustainable coaching practice to be able to lead and influence in a range of contexts and scenarios.
- Possess key qualities such as initiative, personal responsibility, critical thinking and decision making to successfully transition into the work place or into further study

ALIGNMENT WITH THE UNIVERSITY'S STRATEGIC PLAN

BSc (Hons) Sport Coaching is aligned with Bournemouth University's 2025 (BU2025) strategic vision to be recognised world-wide as a leading university for inspiring learning, advancing knowledge and enriching society through the fusion of education, research and practice. Whilst all BU2025 themes are reflected in aspects of this Sport Coaching degree programme, those best reflected are the themes of *Health and Well-being* and Business and *Economic Sustainability*. The BU2025 core values of inclusivity and responsibility and of impacting society are explicitly reflected in the aims and outcomes of the Sport Coaching degree which seeks to enhance sport and society through ethical and sustainable coaching practice in a range of contexts.

This Sport Coaching programme embeds a distinctive *Fusion learning approach* into content delivery and assessment. The curriculum is both research-led and strongly practice based. It contains opportunities for students to co-create and engage with industry including local community groups and elite sport clubs through learning and assessment strategies. There is a comprehensive range of co-curricular learning opportunities for students to enhance their experience and develop transferable skills for employment or further study, and all students have the opportunity to engage in a placement (minimum 6 weeks) and international study. Crucially the Sport Coaching degree provides clear opportunities for interdisciplinary learning within and across units of study offered from BSc (Hons) Sport and Exercise Science and BSc (Hons) Sport Management whilst maintaining a distinctive sport coaching focus that is underpinned by BU2025 values. The Sport Coaching curriculum supports students to develop graduate attributes including collaboration and teamwork, citizenship and societal contribution, global outlook and innovation and entrepreneurship.

More details of Bournemouth University's Strategic plan can be found here:
<https://www.bournemouth.ac.uk/about/bu2025-our-vision-values-strategic-plan>

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LEARNING HOURS AND ASSESSMENT

Bournemouth University taught programmes are composed of units of study, which are assigned a credit value indicating the amount of learning undertaken. The minimum credit value of a unit is normally 20 credits, above which credit values normally increase at 20-point intervals. 20 credits is the equivalent of 200 study hours required of the student, including lectures, seminars, assessment and independent study. 20 University credits are equivalent to 10 European Credit Transfer System (ECTS) credits.

The assessment workload for a unit should consider the total time devoted to study, including the assessment workload (i.e. formative and summative assessment) and the taught elements and independent study workload (i.e. lectures, seminars, preparatory work, practical activities, reading, critical reflection).

Assessment per 20 credit unit should normally consist of 3,000 words or equivalent. Dissertations and Level 6 and 7 Final Projects are distinct from other assessment types. The word count for these assignments is 5,000 words per 20 credits, recognising that undertaking an in-depth piece of original research as the capstone to a degree is pedagogically sound.

STAFF DELIVERING THE PROGRAMME

Students will usually be taught by a combination of senior academic staff with others who have relevant expertise including – where appropriate according to the content of the unit – academic staff, qualified professional practitioners, demonstrators/technicians and research students.

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INTENDED LEARNING OUTCOMES – AND HOW THE PROGRAMME ENABLES STUDENTS TO ACHIEVE AND DEMONSTRATE THE INTENDED LEARNING OUTCOMES

PROGRAMME AND LEVEL 6 INTENDED PROGRAMME OUTCOMES

<p>A: Subject knowledge and understanding</p> <p>This programme provides opportunities for students to develop and demonstrate knowledge and understanding of:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the programme learning outcomes:</p>
<p>A1. Pedagogy and sociology applied to sport coaching practice</p> <p>A2. Sport science applied to enhance sport performance through coaching practice</p> <p>A3. Pervasive, contemporary and emerging issues concerning welfare, sustainability and social responsibility in sport coaching</p> <p>A4. Complexity of the sport coaching environment and its competing variables</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (A1, A2, A3, A4) • Seminars (A1, A2, A3, A4) • Directed reading (A1, A2, A3, A4) • Use of the VLE (A1, A2, A3, A4) • Independent study (A1, A2, A3, A4) • Group work (A1, A2, A3, A4) • Practical sessions (A1, A2, A3, A4) • Fieldwork (A4) • Independent research (A4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Practical examinations (A2, A3,A4) • Coursework essays (A1, A2, A3, A4) • Report (A1, A2, A3) • Presentation (A2, A3) • Dissertation/ Research Report (A1, A2, A4)
<p>B: Intellectual skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level outcomes:</p>
<p>B1. Critically evaluate theory and practice related to sport coaching</p> <p>B2. Systematically apply knowledge to solve problems in sport coaching contexts</p> <p>B3. Critically evaluate evidence from a range of sources to support findings and proposed solutions</p> <p>B4. Analyse and manage the complexity of sport coaching environments</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Seminars (B1, B2, B3, B4) • Directed reading (B1, B2, B3) • Independent study (B1, B2, B3, B4) • Group work (B1, B2, B3, B4) • Laboratory experiments (B1, B2, B3, B4) • Practical Sessions (B2,B3,B4) • Fieldwork (B4) • Independent research (B1, B2, B3, B4)

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	<p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Practical examinations (B3, B4) • Coursework essays (B1, B2, B3) • Laboratory report (B1, B2, B3, B4) • Report (B1, B3, B4) • Presentation (B1, B2, B3) • Dissertation/ Research Report (B1, B2, B3, B4)
<p>C: Practical skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>C1. Demonstrate competence in practical, intellectual and interpersonal coaching skills, working effectively in sport coaching environments</p> <p>C2. Demonstrate competence in the skills and techniques of sport science support to enhance performance through sport coaching</p> <p>C3. Conduct research into sport coaching issues, either individually or as part of a team</p> <p>C4. Communicate effectively with stakeholders in sport coaching situations, upholding high standards of ethics and welfare</p> <p>C5. Use IT to prepare and present solutions to sport coaching issues in a range of formats</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Seminars (C2, C3, C4) • Directed reading (C1, C2, C3, C4) • Use of the VLE (C3, C4) • Independent study (C3, C5) • Group work (C1, C2, C3) • Laboratory experiments (C2) • Practical sessions (C1, C2, C4) • Fieldwork (C1, C2, C4) • Independent research (C3, C5). <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Practical examinations (C1, C2, C3, C4, C5) • Coursework essays (C3, C5) • Laboratory report (C2, C3, C4, C5) • Client report (C1, C2, C3, C4, C5) • Presentation (C3, C4, C5) • Dissertation/ Research Report (C1, C2, C3, C4, C5)

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<p>D: Transferable skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>D1. Perform effectively when working independently or in collaboration with others</p> <p>D2. Deploy a range of interpersonal skills including initiative, personal responsibility, decision-making and presentation</p> <p>D3. Demonstrate sensitivity to diversity towards other people in relation to sport coaching issues and contexts.</p> <p>D4. Manage continuous development and life-long learning using initiative and professionalism</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (D1, D2, D3, D4) • Seminars (D1, D2, D3, D4) • Independent study (D1, D2, D3, D4) • Group work (D1, D2, D3, D4) • Laboratory experiments (D1, D2, D3, D4) • Practical sessions (D1, D2, D3, D4) • Fieldwork (D1, D2, D3, D4) • Independent research (D1, D2, D3, D4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Practical examinations (D1, D2, D3) • Coursework essays (D1, D2, D3) • Laboratory report (D1, D2, D3, D4) • Report (D1, D2) • Presentation (D1, D2, D3, D4) • Dissertation/ Research Report (D1, D2, D3, D4)

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LEVEL 5/DipHE INTENDED LEVEL OUTCOMES

<p>A: Knowledge and understanding</p> <p>This level provides opportunities for students to develop and demonstrate knowledge and understanding of:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>A1. Pedagogical and sociological principles and concepts applied to a range of sport coaching scenarios</p> <p>A2. Sport science principles and concepts applied to enhance sport performance in a range of coaching contexts</p> <p>A3. Complexity of the coaching context and competing issues of welfare, performance and sustainability</p> <p>A4. The main methods of enquiry needed to solve problems in sport coaching</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (A1, A2, A3, A4) • Seminars (A1, A2, A3, A4) • Directed reading (A1, A2, A3, A4) • Use of the VLE (A1, A2, A3, A4) • Independent study (A1, A2, A3, A4) • Group work (A1, A2, A3, A4) • Practical sessions (A1, A2, A3, A4) • Laboratory experiments (A2, A3, A4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Coursework essays (A1, A2, A3, A4) • Laboratory report (A2, A4) • Report (A2, A3, A4) • Presentation (A1, A2, A4) • Practical examinations (A1, A2, A3, A4)
<p>B: Intellectual skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>B1. Critically evaluate theory and practice related to sport coaching</p> <p>B2. Apply underlying concepts and principles to solve problems in sport coaching contexts</p> <p>B3. Critically evaluate the appropriateness of different approaches to solving problems in sport coaching contexts</p> <p>B4. Appreciate the limits of knowledge and its influence on analyses and interpretations</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (B1, B2, B3, B4) • Seminars (B1, B2, B3, B4) • Directed reading (B1, B2, B3, B4) • Independent study (B1, B2, B3, B4) • Use of VLE (B1, B2, B3) • Group work (B1, B2, B3, B4) • Practical sessions (B1, B2, B3) • Laboratory experiments (B1, B2, B3) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p>

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	<ul style="list-style-type: none"> • Coursework essays (B1, B2, B3) • Laboratory report (B1, B2, B3, B4) • Report (B1, B2, B3, B4) • Presentation (B1, B2, B3, B4) • Practical examinations (B1, B2, B3)
<p>C: Practical skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>C1. Develop practical, intellectual and interpersonal coaching skills, working effectively in sport coaching environments</p> <p>C2. Develop the skills and techniques of sport science support to enhance performance through sport coaching</p> <p>C3. Develop research skills and techniques needed to conduct research in sport coaching</p> <p>C4. Communicate effectively with stakeholders in sport coaching situations, upholding high standards of ethics and welfare</p> <p>C5. Use IT to prepare and present solutions to sport coaching issues in a range of formats</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (C5) • Seminars (C1, C2, C3, C4) • Use of the VLE (C1, C3, C5) • Independent study (C1, C2, C3, C4) • Group work (C1, C2, C3, C4, C5) • Laboratory experiments (C2, C3, C4, C5) • Practical sessions (C1, C2, C3, C4, C5) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Coursework essays (C1, C4, C5) • Laboratory report (C2, C3, C4, C5) • Report (C1, C2, C3, C4, C5) • Presentation (C4, C5) • Practical examinations (C1, C2, C3, C4, C5)
<p>D: Transferable skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>D1. Perform effectively when working independently or in collaboration with others</p> <p>D2. Deploy a range of interpersonal skills including initiative, personal responsibility, decision-making and presentation</p> <p>D3. Demonstrate sensitivity to diversity towards other people in relation to sport coaching issues and contexts.</p> <p>D4. Take personal responsibility for development and life-long learning using initiative and professionalism</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (D1, D2, D3, D4) • Seminars (D1, D2, D3, D4) • Independent study (D1, D2, D4) • Use of VLE (D1, D2, D4) • Group work (D1, D2, D3, D4) • Laboratory experiments (D1, D2, D3, D4) • Practical Sessions (D1, D2, D3, D4)

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	<p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Coursework essays (D1, D2, D3) • Laboratory report (D1, D2, D4) • Report (D1, D2, D3, D4) • Presentation (D1, D2, D3) • Practical Examinations (D1, D2, D3 D4)
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LEVEL 4/Cert HE INTENDED LEVEL OUTCOMES

<p>A: Knowledge and understanding</p> <p>This level provides opportunities for students to develop and demonstrate knowledge and understanding of:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>A1. Underlying pedagogical concepts and principles of sport coaching</p> <p>A2. Underlying sport science concepts and principles used to enhance sport performance in sport coaching</p> <p>A3. The complexity of the coaching context, competing issues and variables</p> <p>A4. The main methods of enquiry needed to solve problems in sport coaching</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (A1, A2, A3, A4) • Seminars (A1, A2, A3, A4) • Use of the VLE (A1, A2, A3, A4) • Independent study (A1, A2, A3, A4) • Group work (A1, A2, A3, A4) • Laboratory experiments (A2, A3, A4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Written examinations (A3) • Practical examinations (A1, A2, A4) • Coursework essays (A1, A3, A4) • Laboratory report (A2, A4) • Report (A2, A3, A3)
<p>B: Intellectual skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>B1. Evaluate and interpret theory and practice related to sport coaching</p> <p>B2. Evaluate the appropriateness of concepts and principles to solve problems in sport coaching contexts</p> <p>B3. Evaluate the appropriateness of different approaches to solving problems in sport coaching contexts</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (B1, B2, B3, B4) • Seminars (B1, B2, B3, B4) • Independent study (B1, B2, B3, B4) • Group work (B1, B2, B3, B4) • Laboratory experiments (B1, B2,

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<p>B4. Evaluate and interpret data in order to develop lines of argument and sound judgement in relation to sport coaching theories and concepts.</p>	<p>B3, B4)</p> <ul style="list-style-type: none"> • Practical sessions (B1, B2, B3, B4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Examinations (B1, B2) • Practical examinations (B1, B2, B3, B4) • Coursework essays (B1, B2, B3, B4) • Laboratory report (B1, B2, B3, B4) • report (B1, B2, B3, B4)
<p>C: Practical skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>C1. Develop practical, intellectual and interpersonal coaching skills within managed sport coaching environments</p> <p>C2. Develop new skills and techniques in sport science support to enhance performance through sport coaching</p> <p>C3. Develop basic research skills and techniques needed to conduct research in sport coaching</p> <p>C4. Use It to communicate results of study in an accurate, coherent and reliable manner</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (C1) • Seminars (C1, C2, C3, C4) • Use of the VLE (C1, C4) • Independent study (C1, C2, C3, C4) • Group work (C1, C2, C3, C4) • Laboratory experiments (C1, C2, C3, C4) • Practical sessions (C1, C2, C3, C4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Practical examinations (C1, C2, C3, C4) • Coursework essays (C1, C4) • Laboratory report (C1, C2, C3, C4) • Report (C1, C2, C3, C4)
<p>D: Transferable skills</p> <p>This level provides opportunities for students to:</p>	<p>The following learning and teaching and assessment strategies and methods enable students to achieve and to demonstrate the level learning outcomes:</p>
<p>D1. Work independently or in collaboration with others</p> <p>D2. Deploy interpersonal skills necessary for employment including exercising personal responsibility and professionalism</p>	<p>Learning and teaching strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none"> • Lectures (D1, D2, D3, D4) • Seminars (D1, D2, D3, D4) • Independent study (D1, D2, D4)

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<p>D3. Demonstrate sensitivity to diversity towards other people in relation to sporting contexts</p> <p>D4. Take personal responsibility for their own development and life-long learning</p>	<ul style="list-style-type: none">• Use of VLE (D1, D2, D4)• Group work (D1, D2, D3, D4)• Laboratory experiments (D1, D2, D3, D4)• Practical Sessions (D1, D2, D3, D4) <p>Assessment strategies and methods (referring to numbered Intended Learning Outcomes):</p> <ul style="list-style-type: none">• Coursework essays (D1, D2, D3)• Laboratory report (D1, D2, D4)• Report (D1, D2, D3, D4)• Presentation (D1, D2, D3)• Practical Examinations (D1, D2, D3, D4)
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ADMISSION REGULATIONS

The regulations for this programme are the University's Standard Undergraduate Admission Regulations

<https://intranetsp.bournemouth.ac.uk/pandptest/3a-undergraduate-admissions-regulations.pdf>

PROGRESSION ROUTES

Recognition arrangements provide formally approved entry or progression routes through which students are eligible to apply for a place on a programme leading to a BU award. Recognition does not guarantee entry onto the BU receiving programme only eligibility to apply. In some cases, additional entry criteria such as a Merit classification from the feeder programme may also apply. Please see the [Recognition Register](#) for a full list of approved Recognition arrangements and agreed entry criteria.

ASSESSMENT REGULATIONS

The regulations for this programme are the University's Standard Undergraduate Assessment Regulations

<https://intranetsp.bournemouth.ac.uk/pandptest/6a-standard-assessment-regulations-undergraduate.pdf>

WORK BASED LEARNING (WBL) AND PLACEMENT ELEMENTS

All undergraduate students will undertake a form of placement as it is recognised that placement is a key driver of employability. The length of placement is optional. Students can complete a one-year (minimum 30 week) placement as part of a four year degree programme or a summer (minimum 6 week) placement as part of a three year degree. Placements are not defined as a unit. Placements will occur on progression from Level 4 and are required for progression to Level 6.

Programme Skills Matrix

	Units	A 1	A 2	A 3	A 4	B 1	B 2	B 3	B 4	C 1	C 2	C 3	C 4	C 5	D 1	D 2	D 3	D 4
L E V E L 6	Dissertation	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
	Research Expedition	√	√	√	√		√	√	√	√	√	√	√	√	√	√	√	√
	Advanced Coaching Practice	√		√	√	√	√	√	√	√		√	√	√	√	√	√	√
	Applied Sport and Exercise Psychology		√		√	√	√	√	√		√	√	√	√	√	√	√	√
	Advanced Fitness Testing and Exercise Prescription		√		√	√	√	√	√		√	√	√	√	√	√	√	√
	Advanced Performance Analysis		√		√	√	√	√	√		√	√	√	√	√	√	√	√
	Community, Events, Sports and the Third Sector		√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
L E V E L 5	Sport and Physical Culture	√		√	√	√	√	√	√	√		√	√	√	√	√	√	√
	Talent Development in Sport			√	√	√	√	√	√				√	√	√	√	√	√
	Physical Education and Teaching Practice	√		√	√	√	√	√	√				√	√	√	√	√	√
	Strategy and Leadership for Sport			√		√	√	√	√	√		√	√	√	√	√	√	√
	Managing Sport for Development	√		√	√	√	√	√	√			√	√	√	√	√	√	√
	Conducting Research in Sport and Exercise			√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
	Developing Coaching Practice	√		√	√	√	√	√	√	√			√	√	√	√	√	√
	Advances in Sport and Exercise Psychology		√	√	√	√	√	√	√		√		√	√	√	√	√	√
	Principles of Training		√	√	√	√	√	√	√		√	√	√	√	√	√	√	√
	Performance Analysis		√	√	√	√	√	√	√		√	√	√	√	√	√	√	√
	Issues and Controversies in Sport	√		√	√	√	√	√	√				√	√	√	√	√	√
	Sport Management and Leadership			√		√	√	√	√			√	√	√	√	√	√	√
Coach and Athlete Welfare	√	√	√	√	√	√	√	√			√	√	√	√	√	√	√	
L E V E L 4	Beginning Research in Sport and Exercise			√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
	Coaching Principles and Practice	√		√	√	√	√	√	√	√			√	√	√	√	√	√
	Sport, Culture and Society	√		√	√	√	√	√	√			√	√	√	√	√	√	√
	Principles of Sport and Exercise Psychology		√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
	Fitness Assessments for Sport, Exercise and Health		√			√	√	√	√		√	√	√	√	√	√	√	√
	Principles of Sport Management	√		√		√	√	√	√				√	√	√	√	√	√

<p>A – Subject Knowledge and Understanding This programme provides opportunities for students to develop and demonstrate knowledge and understanding of:</p> <p>A1. Pedagogy and sociology applied to sport coaching practice</p> <p>A2. Sport science applied to enhance sport performance through coaching practice</p> <p>A3. Pervasive, contemporary and emerging issues concerning welfare, sustainability and social responsibility in sport coaching</p> <p>A4. Complexity of the sport coaching environment and its competing variables</p>	<p>C – Subject-specific/Practical Skills This programme provides opportunities for students to:</p> <p>C1. Demonstrate competence in practical, intellectual and interpersonal coaching skills, working effectively in sport coaching environments</p> <p>C2. Demonstrate competence in the skills and techniques of sport science support to enhance performance through sport coaching</p> <p>C3. Conduct research into sport coaching issues, either individually or as part of a team</p> <p>C4. Communicate effectively with stakeholders in sport coaching situations, upholding high standards of ethics and welfare</p> <p>C5. Use IT to prepare and present solutions</p>
<p>B – Intellectual Skills This programme provides opportunities for students to:</p> <p>B1. Critically evaluate theory and practice related to sport coaching</p> <p>B2. Systematically apply knowledge to solve problems in sport coaching contexts</p> <p>B3. Critically evaluate evidence from a range of sources to support findings and proposed solutions</p> <p>B4. Analyse and manage the complexity of sport coaching environments</p>	<p>D – Transferable Skills This programme provides opportunities for students to:</p> <p>D1. Perform effectively when working independently or in collaboration with others</p> <p>D2. Deploy a range of interpersonal skills including initiative, personal responsibility, decision-making and presentation</p> <p>D3. Demonstrate sensitivity to diversity towards other people in relation to sport coaching issues and contexts.</p> <p>D4. Manage continuous development and life-long learning using initiative and professionalism</p>