

Exploring the Experiences of Sport Psychologists Working Within Elite Youth Football in England

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Purpose: to gain a *critical understanding* of the *role and experiences of sport psychologists* working within *elite football academies across England*, regarding the *delivery of psychology services at the academy in which they are working.*

Background: Although the **importance of sport psychology** is now widely acknowledged, there is a need for greater clarity regarding (a) **what is actually delivered under the banner of sport psychology**, and (b) **the needs of those receiving psychological support.**

One sport which is increasingly focusing on the role of psychological development is **football**—this is occurring via the English Premier League’s Elite Player Performance Plan.

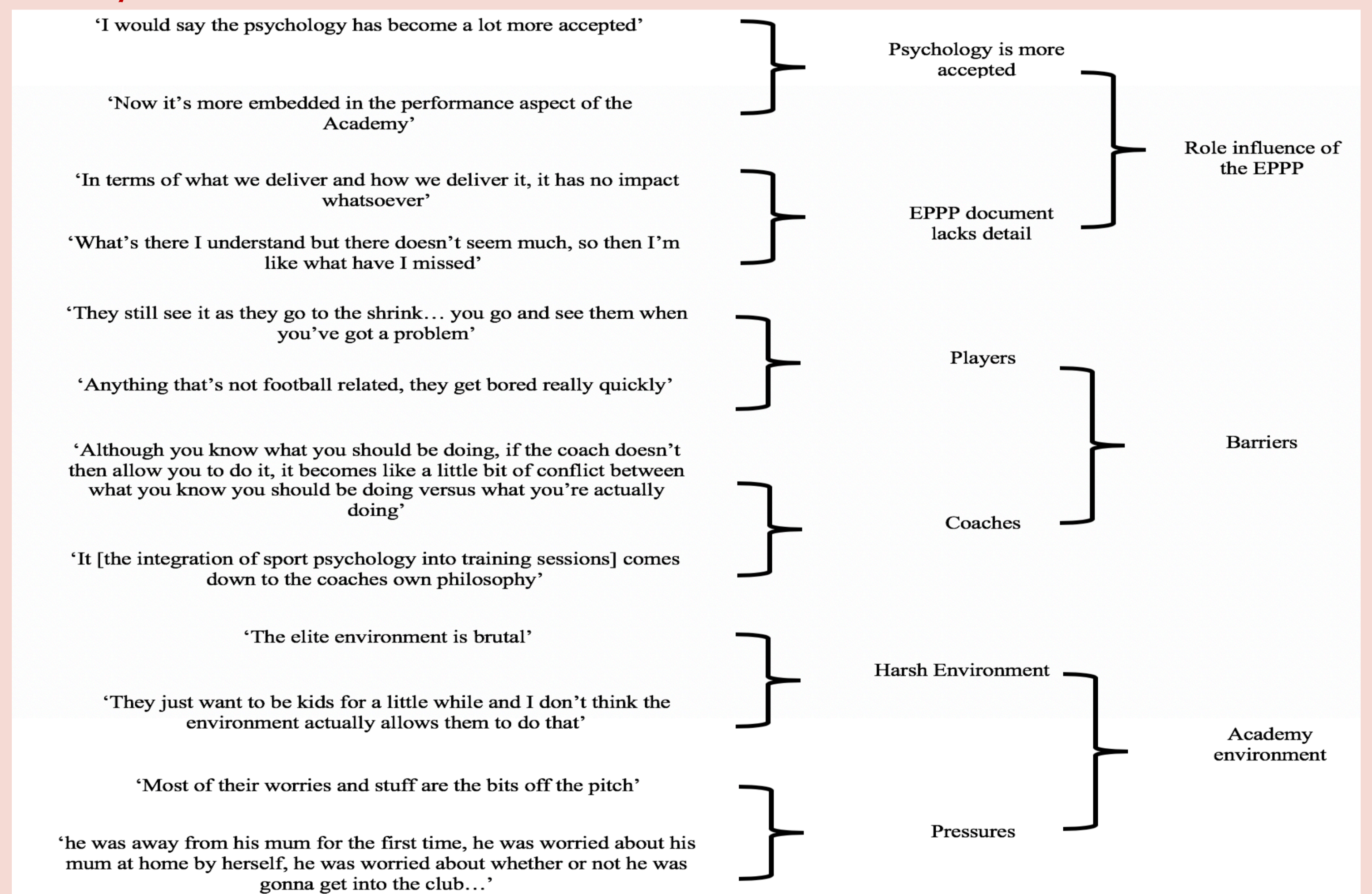
Participants:

- Six sport psychology practitioners, working at Professional English Football Academies

Method:

- Ethical approval gained
- Interpretivist paradigm
- Semi-structured interviews

Preliminary Themes:



Funding:

