HSC School Blog

Staff Profile Pages

Web 2.0, Health 2.0, Patient 2.0.

Personal Profile

for internal information and external profile

Invitation to Seminar – Thursday 9th October

Dr Carol Bond

Biography

My professional roots are as a nurse, which has laid the foundation for the role in supporting research in practice and education required to support my role as a nurse. My current role is as a Research Nurse in the Health and Social Care system. My goal is to raise awareness of the importance of evidence-based practice and engage staff in the use of research evidence to improve patient outcomes.

Who's it for?

Smart patients Healthcare professionals Academics

How people with diabetes integrate self-monitoring of blood glucose into their self-management strategies

This paper is a review of the current evidence in Primary Care on self-monitoring of blood glucose and its role in diabetes care. The study found that self-monitoring of blood glucose is an important tool for managing Type 2 Diabetes and improving patient outcomes. However, the use of self-monitoring devices is not always consistent and requires further research to improve patient adherence and clinical outcomes.