

Welcome to your placement newsletter.

2020 has certainly been a challenging year so far and we hope you've been keeping yourself safe during this time. You may be feeling anxious about starting your placement, but I'd like to reassure you that we're here to support you every step of the way.

Placements are such an integral part of your learning experience at BU and we want to make sure you get the most out of your placement during this unprecedented time. As a result, we've made changes to help you still achieve the intended learning outcomes associated with placements.

Changes include greater flexibility on the duration of a sandwich degree placement

and additional options for those of you undertaking a short placement as part of your programme. If you haven't already spoken to your Placement Development Adviser about these changes, please get in touch with them to find out more.

Please do take a look at the information in this newsletter to find out more about the guidance and wellbeing support that continues to be available

to you throughout your placement.

Look after yourselves and we wish you the very best over the year ahead.

Very best wishes,

David Wakeford
Careers & Employability Service



A message from your Placement Development Advisers (PDAs)

Hello and welcome from your BUBS PDAs!

We're looking forward to meeting you all this year, be that virtually or (hopefully) in person, and working with you to help you develop your employability skills. We completely understand what a strange and challenging time this has been and continues to be, but we're here to support you in whatever way we can, to get the best possible experience this year.

How can your PDA help you? You may be looking for different roles, putting together applications or preparing to start your placement. Perhaps you'd like to talk about the roles or sectors open to you, or discuss what you really want to get out of the year ahead. Whatever point you're at right now, it would be great to find out more and start working together – you can contact us at BUBSPDAs@bournemouth.ac.uk.

If you have a placement but haven't told us yet, please do so ASAP using the appropriate placement details form on My Career Hub:

- **Sports and Events students**
- **Business Studies, Tourism and Hospitality**
- **AFE and Marketing**

Some of you may be working remotely in your placement roles, but it's still an opportunity to build your transferable skills, such as adaptability and technological competence. It's also a chance to gain real insight into how work places have evolved to cope with the pandemic.

During your placement year you can expect to have structured reviews with your allocated PDA, which are currently being delivered remotely. Your PDA can also provide on-going support as required, so do get in touch if there's anything you'd like to discuss. Whatever your placement situation, we're here to help.





Your wellbeing

We know you might be feeling anxious about starting your placement, for a number of reasons. Even though you're not on campus this year, you're still part of the BU community and we have a **health and wellbeing support for students** including our **Student Support and Engagement team, Additional Learning Needs and Student Wellbeing.**

You might also want to take a look at the online services provided by **Togetherall** – previously known as Big White Wall. It's a safe, anonymous place to talk, share and support others who may have similar feelings to yours, moderated by professionals 24/7.

Don't forget you can continue to access the Me@BU section on Brightspace, which offers all sorts of useful toolkits, including **one about self-care**. It's accessible at any time and can be found on the right hand side of the **Brightspace homepage**.

Build your network on LinkedIn

Your placement year will give you some excellent experiences and provide you with skills that will help you in your final year at university – and beyond.

LinkedIn is becoming the place for recruitment, with over 80% of companies reporting to use the networking channel as their primary way of finding new employees.

This experience will be the perfect time to capture what you're learning by updating your CV and setting up a LinkedIn profile.

You never know who may help you get a job in the future – **MyCareerHub** has some resources to get you started:

- **Making the most of LinkedIn guide**
- **LinkedIn profile checklist**
- **Creating, scoring and tailoring your CV toolkit**

Your new SUBU Officers

SUBU's newly elected Officers started in July. The team of four are:



Naomie Lebe
President



Ugo Andy-Eke
VP Student Opportunities



Chiko Bwalya
VP Education



Toluwa Atilade
VP Welfare and Community

For more information about the officers and SUBU visit www.subu.org.uk.



Remember to re-apply for student finance

If you're a UK or EU student continuing your studies in 2020/21, remember to apply for your student finance.

If your parent, partner or carers combined household income is expected to drop by 15% or more in the 2020/21 tax year, compared to 2018/19, you can ask Student Finance England (SFE) to recalculate your student finances. Full information can be found on the **gov.uk website**.

EU settled status information

The UK Government has confirmed that EU citizens must enter the UK before 31 December 2020 and will have until 30 June 2021 to apply for settled status, if they wish to stay after this date. More information can be found on the **UK Government website** about this. There is also information for international students on the **UK Council for International Student Affairs website**.

If you have any other questions or concerns, please email askbu@bournemouth.ac.uk

Follow us and stay up to date:

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Find placement support information including what to do in an emergency and contacting your Placement Development Advisor by emailing BUBSPDAs@bournemouth.ac.uk.