

Welcome to your placement newsletter.

2020 has certainly been a challenging year so far and we hope you've been keeping yourself safe during this time. You may be feeling anxious about starting your placement, but I'd like to reassure you that we're here to support you every step of the way.

Placements are such an integral part of your learning experience at BU and we want to make sure you get the most out of your placement during this unprecedented time. As a result, we've made changes to help you still achieve the intended learning outcomes associated with placements.

Changes include greater flexibility on the duration of a sandwich degree placement

and additional options for those of you undertaking a short placement as part of your programme. If you haven't already spoken to your Placement Development Adviser about these changes, please get in touch with them to find out more.

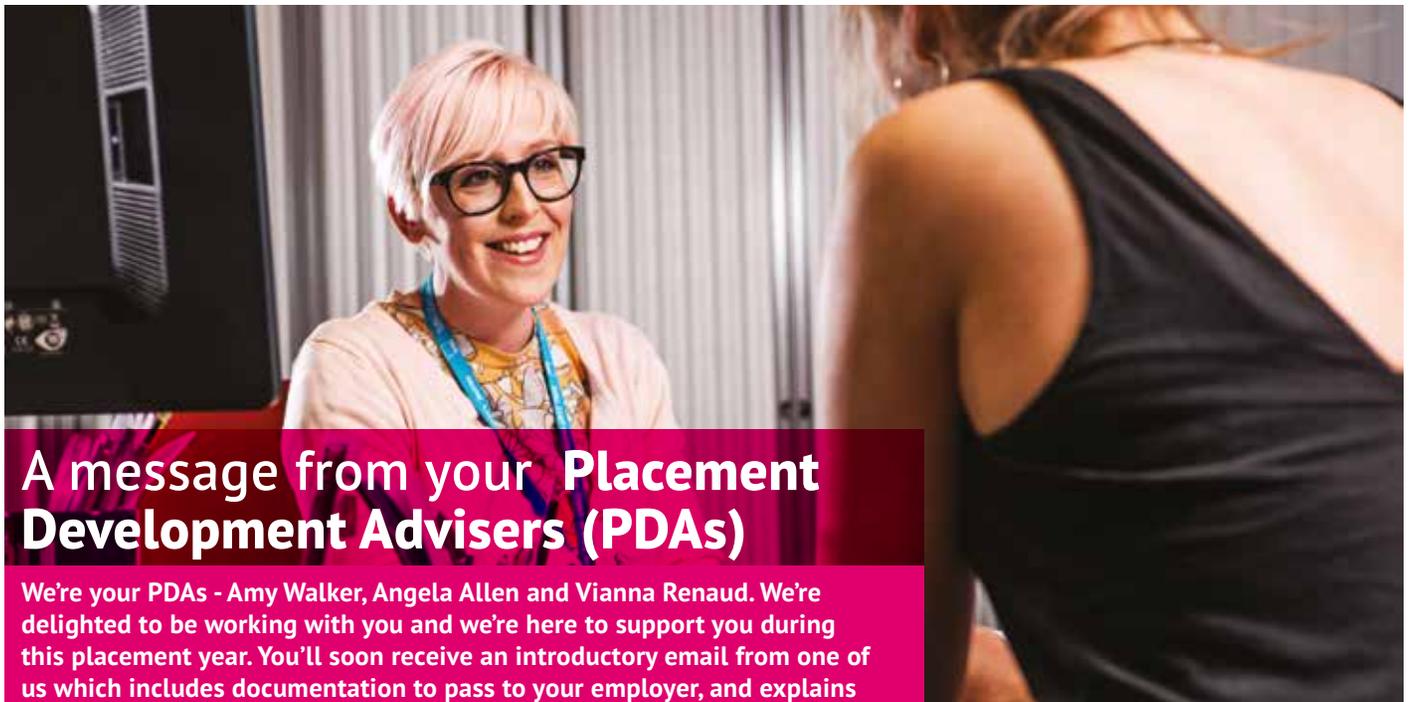
Please do take a look at the information in this newsletter to find out more about the guidance and wellbeing support that continues to be available

to you throughout your placement.

Look after yourselves and we wish you the very best over the year ahead.

Very best wishes,

David Wakeford
Careers & Employability Service



A message from your Placement Development Advisers (PDAs)

We're your PDAs - Amy Walker, Angela Allen and Vianna Renaud. We're delighted to be working with you and we're here to support you during this placement year. You'll soon receive an introductory email from one of us which includes documentation to pass to your employer, and explains how the placement year runs, but we also wanted to share some other information with you.

Until allocations are completed, we'll be running a drop-in 'Placements Pay Day' session on the last Wednesday of each month from 5pm to 6pm in case you have any questions. Join us for the next one by registering on [Eventbrite](#).

To pass your year you'll need to complete two reviews with your PDA; all reviews

before January will be online or by phone. Your PDA will be in touch to schedule this, but feel free to email FMCPDAs@bournemouth.ac.uk if you have questions in the meantime. You may also have coursework to complete, so check your subject page on [Brightspace](#) for information on this.

Your wellbeing is our main concern so please contact us or SSET@bournemouth.ac.uk if you need wellbeing support at any time. There is further information below about support that's available to you this year.

We look forward to helping you to get the most from your placement year. Please make sure you add your BU email to your phone to ensure we stay connected.



Your wellbeing

We know you might be feeling anxious about starting your placement, for a number of reasons. Even though you're not on campus this year, you're still part of the BU community and we have a **health and wellbeing support for students** including our **Student Support and Engagement team, Additional Learning Needs and Student Wellbeing.**

You might also want to take a look at the online services provided by **Togetherall** – previously known as Big White Wall. It's a safe, anonymous place to talk, share and support others who may have similar feelings to yours, moderated by professionals 24/7.

Don't forget you can continue to access the Me@BU section on Brightspace, which offers all sorts of useful toolkits, including **one about self-care**. It's accessible at any time and can be found on the right hand side of the **Brightspace homepage**.

Build your network on LinkedIn

Your placement year will give you some excellent experiences and provide you with skills that will help you in your final year at university – and beyond.

LinkedIn is becoming the place for recruitment, with over 80% of companies reporting to use the networking channel as their primary way of finding new employees.

This experience will be the perfect time to capture what you're learning by updating your CV and setting up a LinkedIn profile.

You never know who may help you get a job in the future – **MyCareerHub** has some resources to get you started:

- **Making the most of LinkedIn guide**
- **LinkedIn profile checklist**
- **Creating, scoring and tailoring your CV toolkit**

Your new SUBU Officers

SUBU's newly elected Officers started in July. The team of four are:



Naomie Lebe
President



Ugo Andy-Eke
VP Student Opportunities



Chiko Bwalya
VP Education



Toluwa Atilade
VP Welfare and Community

For more information about the officers and SUBU visit www.subu.org.uk.



Remember to re-apply for student finance

If you're a UK or EU student continuing your studies in 2020/21, remember to apply for your student finance.

If your parent, partner or carers combined household income is expected to drop by 15% or more in the 2020/21 tax year, compared to 2018/19, you can ask Student Finance England (SFE) to recalculate your student finances. Full information can be found on the [gov.uk website](http://gov.uk).

EU settled status information

The UK Government has confirmed that EU citizens must enter the UK before 31 December 2020 and will have until 30 June 2021 to apply for settled status, if they wish to stay after this date. More information can be found on the UK Government website about this. There is also information for international students on the UK Council for International Student Affairs website.

If you have any other questions or concerns, please email askbu@bournemouth.ac.uk

Follow us and stay up to date:

-  @BournemouthuniStudents
-  @bournemouthuni @BUcareersweb
-  @bournemouthuni

Find placement support information including what to do in an emergency and contacting your Placement Development Advisor by emailing FMCPDAs@bournemouth.ac.uk.